2022 SDCA Annual Conference

Culture in the Changing World

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April 28-30, 2022
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Welcome to you all,

I am so happy to welcome you all to the 2022 SDCA conference. After the past two years of social unrest, political controversy, and an ongoing world-wide pandemic it is good to be able to gather in one place and share time together and celebrate that it means to be a counselor.

This year’s focus on Culture in a Changing World gives us an opportunity to talk about all the amazing things that counselors do each day for the clients we serve. I found the following definition for culture on the internet,

“Culture can be defined as all the ways of life including arts, beliefs and institutions of a population that are passed down from generation to generation”.

In this time of political strife, cancel culture, and conflict that always seems to need to place blame or to minimize one group over another, it is more important than ever that the counseling profession is life and well and working for the benefit of the ALL PEOPLE.

Recently, I was reminded that no one ever asked that their tomb stone read “I wish I had worked more”. So, as we come together to learn and celebrate our wonderful profession, take some time for yourself. Sneak off with an old college for a drink and talk. Reconnect with a former instructor or supervisor or college. Engage with presenters to make the process of learning even more fun and interactive. Come out and have a drink and engage you amazing fellow counselors.

I look forward to chatting with old friends, making new friend, and learning from everyone as we continue to build and improve our skills as a counselor.

Duane Kavanaugh, MS, NCC, CCMHC, LPC/MH, QMHP
SDCA President

The mission of the South Dakota Counseling Association is to enhance the quality of life by promoting the development of professional counselors, advancing the counseling profession, practicing to promote respect for human dignity, and supporting cultural diversity.
Conference Sponsors

These sponsors support the mission of SDCA. Our mission is to promote the development of Professional Counselors, to practice respect for human dignity, and cultural diversity. We want to thank all of our Friends of Counseling and cherish our partnership with them for their continued support as we move forward as a Professional Counseling Organization. The various levels of sponsorship are listed below:

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A special thank you to our exhibitors for joining us at the 2022 SDCA Conference. We appreciate your support!

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Future Conferences
April 20-22, 2023
Denny Sanford Premier Center and Sheraton Hotel, Sioux Falls Host Chapter: Interlakes and Lewis & Clark

April 25-27, 2024
Spearfish Holiday Inn Convention Center, Sioux Falls Host Chapter: West River
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QUICK GLANCE SCHEDULE OF EVENTS
A MAP OF THE CONVENTION CENTER CAN BE FOUND ON PAGE 9

WEDNESDAY, APRIL 27
6:00 PM to 8:00 PM  Conference Registration Opens  Main Concourse
6:00 PM  SDCA Board Meeting  Dakota Room D

THURSDAY, APRIL 28
8:30 AM  Preconference & Conference Registration Opens  Main Concourse
9:00 AM to 4:00 PM  Preconference Workshop Arikara/POP  6.0 CE Hours
4:30 PM to 5:30 PM  Moderator Meeting  Dakota Room D; SDACES Meeting  Dakota Room E
North Central Chapter Meeting  Dakota Room B; Central Chapter  Dakota Room A;
Interlakes Chapter  Dakota Room C; Palace/Pheasant Chapter  Amphitheater
6:30 PM to 7:00 PM  Opening Welcome & Membership Meeting Arikara/POP
7:00 PM to 8:30 PM  Opening Keynote featuring Dee Le Beau-Hein, MS  1.5 CE Hours
8:30 PM  SDCA Social featuring John Boon Trivia (and PRIZES!) Northern

FRIDAY, APRIL 29
8:00 AM  Conference Registration Opens  Main Concourse
8:00 AM to 4:00 PM  Exhibitors & Vendor Fair  Main Concourse
8:15 AM to 8:30 AM  Opening Remarks Arikara/POP
8:30 AM to 10:00 AM  Keynote Address featuring Lisa Koenecke MS  Arikara/POP  1.5 CE Hours
10:00 AM to 10:30 AM  Morning Break  Main Concourse
10:30 AM to 11:30 AM  Breakout Session I  1.0 CE Hours
11:30 AM to 12:45 PM  SDMHCA Luncheon and Membership Meeting  Courtyard
SDSCA Luncheon and Membership Meeting  Arikara/POP
1:00 PM to 2:00 PM  Breakout Session II  1.0 CE Hour
2:15 PM to 3:15 PM  Breakout Session III  1.0 CE Hour
3:15 PM to 3:45 PM  Afternoon Break  Concourse
3:50 PM to 4:50 PM  Breakout Session IV  1.0 CE Hour
5:00 PM to 5:30 PM  Host Chapter Banquet Decorating  Northern
5:00 PM to 6:00 PM  SDSU Extension Focus Group  Dakota Room A/B/C
5:00 PM to 6:00 PM  West River Chapter Meeting  Dakota Room D; SDNACA Meeting  Dakota Room E
Sioux Chapter Meeting  Courtyard; Lewis & Clark Chapter  Amphitheater
6:30 PM to 7:00 PM  President’s Reception & Social, Silent Auction Opens  Northern
7:00 PM  Awards Banquet & Scholarship Fundraiser  Northern
8:30 PM  Backroad Bandits  Northern

SATURDAY, APRIL 30
8:00 AM  Conference Registration Table Opens  Main Concourse
8:30 AM to 12:30 PM  A Strength and Wellness-Focused Approach to Suicide Assessment
and Intervention featuring Dr. Sidney Shaw  ARIKARA/POP  4.0 CE Hours
Dee Le Beau-Hein, MS, Owner, Swiftbird Consulting LLC.

Speakers Bio: Dee has over 20 years experience working with American Indian populations; respect for and knowledge of traditional, cultural, and spiritual practices of diverse American Indian communities. Through Swiftbird Consulting, she educates participants in the cultural norms, customs, lifestyle, language, and values of Native American Tribes in the Great Plains region. She spending her time doing a variety of training, including, but not limited to 12 Core Functions of chemical dependency counseling; Treatment Planning, Referrals, Service coordination, and Documentation, Basic counseling skills, and Clinical Evaluation. Curriculum development; Native American Cultural Awareness training (Great Plains Tribes), Counseling Skills, Privacy Acts (HIPPA, 42 CFR Part 2), Major Drugs/effects, Professional Ethics, Wellness Planning.

Lisa Koenecke, MS, TedX Speaker/ Trainer / Keynoter / Facilitator / Certified Diversity Professional/ Author

Speaker Bio: Lisa Koenecke is the Past President of the Wisconsin School Counselor Association, has served on the ASCA Board of Directors and is currently a Counselor Educator for Lakeland University (Go Muskies)! She was a middle and high school counselor for 12 years earning numerous awards and accolades. Recently, she earned her Diversity & Inclusion Certification from Cornell University, she has given a TEDx Talk and authored a best seller, "Be an Inclusion Ally: ABCs of LGBTQ+. " She has presented in 45 states and mint makes her sneeze.

Dr. Sidney Shaw, LPCP, Author, Professor

Speaker Bio: Dr. Sidney Shaw, LPCP, has been a mental health counselor since 2002, working with adults, adolescents, and families. His clinical experience includes working in rural community mental health in Alaska, school counseling, adventure-based counseling, medical clinic settings for native peoples, and private practice. He has conducted trainings and presentations at national, regional, state, and local levels and was selected as the keynote speaker for a state counseling association annual conference. He is a published author in peer-reviewed journals including The Journal of Mental Health Counseling, The Family Journal, Professional Psychology: Research and Practice, and The Journal of Multicultural Counseling and Development. Sidney is the co-author of a professional video through Alexander Press on the topic of cultural humility. He has also published several articles in Counseling Today. When not teaching or wrestling with statistics he enjoys trail running, playing guitar, and floating rivers.
Be a part of transformational change!

Launching in July, 988 will be a 3-digit line providing a direct connection to compassionate and professional support for anyone who might be struggling with emotional distress, experiencing suicidal thoughts, or who is concerned about a family or friend with a mental health or substance use issue.

The Helpline Center is currently seeking collaborative and passionate individuals to bring 988 to South Dakota with all the success we know is possible.

**Current openings**
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To learn more about these positions, check out our website at [www.helplinecenter.org/careers](http://www.helplinecenter.org/careers)

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Join our Team!

"I began as an intern at the Helpline in 2018, and fell in love with the mission and the staff culture of helping others."

Tehra Nelson, MSW, Partner Engagement Specialist
THURSDAY EVENTS

8:30AM  CONFERENCE & PRECONFERENCE REGISTRATION OPENS  MAIN CONCOURSE

9:00AM-4:00PM  SDSCA & SDMHCA PRE-CONFERENCE WORKSHOP  ARIKARA/POP

Supporting our LGBTQ+ Population  
presented by Lisa Koenecke, MS  
(6.0 CONTACT HOURS)

Have you ever been in a situation where you didn't know what to say to advocate for the LGBTQ+ population? Learn what to say, what pronouns to use, and how to create safe spaces for students, staff and families. Turn your allyship into ALLYSHIP during this energetic and engaging presentation. We will cover Title IX, the Equal Access Act, Gender Support Plans and discover what is happening in South Dakota. Lisa has literally written the book on how to become an Inclusion Ally! Walk away with free resources, action plans and some funny stories as you increase your knowledge, attitudes and skills working with not only the LGBTQ+ population but their families as well. Oh, and we’ll have actual life savers!

Learning Objectives:
• Create a sense of acceptance, respect, support and inclusion for self and others
• Cultural awareness, sensitivity and responsiveness
• Promote cultural competence to help create a safer more inclusive school environment.


4:30PM-5:30PM  MODERATORS MEETING  DAKOTA ROOM D
SDACES MEETING  DAKOTA ROOM E
NORTH CENTRAL CHAPTER MEETING  DAKOTA ROOM B
CENTRAL CHAPTER MEETING  DAKOTA ROOM A
INTERLAKES CHAPTER MEETING  DAKOTA ROOM C
PALACE PHEASANT CHAPTER MEETING  AMPITHEATER
6:30PM-7:00PM  SDCA Membership Meeting  ARIKARA/POP
Join us for an update on all things SDCA! President Duane Kavanaugh will update attendees on the vision of SDCA, where we are going, and what areas we need to work together on in order to further counseling and SDCA in the next year!

7:00PM-8:30PM  OPENING KEYNOTE  ARIKARA/POP
Native American Cultural Awareness of Great Plains Tribes  
Presented by Dee Le Beau-Hein, MS Swiftbird Consulting, LLC  
(1.5 CONTACT HOURS)
This presentation encompasses the Great Plains tribes’ cultural customs, norms, and protocols as it relates to NA family relationships, tribal structure, historical events, and the interconnectedness between spirituality and a traditional way of life. The goals of this presentation are to improve and/or enhance cultural awareness and understanding of Great Plains tribes; To identify Native American cultural customs, norms, protocols, traditional and spiritual ways of life; and To learn strategies in working with the NA population in the Great Plains region.

8:30PM  SDCA SOCIAL FEATURING JON BOON TRIVIA (AND PRIZES!)  NORTHERN
SPONSORED BY NEW IDEA COUNSELING
Originally from West Tennessee, Jon Boon is one the founders of the Aberdeen, South Dakota comedy scene where he hosts a hilarious Pub Trivia every Wednesday at Dempsey's Brewhaus.

Even though Boon started doing stand up later in life than most comedians, Aberdeen Magazine & The Aberdeen American News found it in their hearts to feature him in cover stories about local comedy. Jon was selected and featured in the Sno Jam Comedy Festival in Sioux Falls and was lucky enough to share the stage with comics from all over the United States.

Since then, Boon has shared the stage with so many incredible comics, including Mary Mack, Timmy Williams of WKUK, and Mike Brody. He also hosts the monthly Last Sunday Open Mic at the Hub City Station Event Center.
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MEET THE FOUNDER
Jill Janecke, LPC-MH and founder of Rising Hope Counseling, LLC and Rising Hope Together, Inc. At the Exhibitor Booth on Friday.
Friday Events

8:00AM  Conference Registration Opens  Main Concourse
8:00AM-4:00PM  Exhibits/Vendor Fair  Main Concourse
8:15AM-8:30AM  Opening Remarks & Sponsorship Recognition  Arikara/POP
8:30AM – 10:00AM  Keynote Address  Arikara/POP

Ethical Considerations When Working with LGBTQ+ Families and Communities
Presented by Lisa Koenecke, MS
(1.5 Ethics Contact Hours)

Three out of ten of us know someone who identifies as transgender. According to the Trevor Project, it only takes ONE supportive adult to reduce suicide attempts in our LGBTQ+ youth by 40%. Are you that ONE supportive adult? Learn the current vocabulary, statistics and laws to guide your practice. Intersectionality will be discussed as well as a plethora of free resources to reinforce your duties. We will explore policies and discover where you can find what you need to be an ethical counselor.

10:00AM-10:30AM  Morning Break  Main Concourse
10:30AM-11:30AM  Breakout Session I  1.0 Contact Hour

Northern
Creative Interventions for Supporting Children and Adolescents through Grief
Presenter: Dr. Staci Born, Ed.D., LMFT, RPT-S and Katelyn Hillerud, BS
Setting: Both
Description: Grief is hard, and it can be especially challenging for children who do not have the life experiences and resources that adults draw on during difficult times. In this session, participants will gain knowledge and strategies for helping children and adolescents who have experienced the death of a loved one. This session will provide 1) an overview of the developmental, contextual, and cultural factors that affect grief, 2) tools and resources for caregivers supporting youth who are grieving, and 3) creative and playful interventions for processing grief.

Dakota Room E
Mental Health Services for Transition Age Youth within the Publicly Funded Behavioral Health System In South Dakota
Presenter: Rachael Majeres, MS, LPC, CAC, Melissa Tauer, MS, LPC-MH, QMHP, NCC and Staci Jonson, CSW-PIP
Setting: Both
Description: The presentation will provide an overview of the publicly funded behavioral health treatment services available for youth with mental illness as they transition to adulthood, including services at a community mental health center, coordinated specialty care for youth and young adults experiencing a first episode of psychosis through OnTrack SD, and a program through LSS/New Alternatives for young adults with serious mental illness in need of independent living skills in addition to treatment so that they will be able to live independently.

AmphiTheater
Listen to the Sound of My Voice: An Introduction to Hypnosis
Presenter: Daniel Burrows, Ed.D.
Setting: Clinical
Description: This workshop will present the basics of hypnotic induction and hypnotherapy. There will be very little lecture or powerpoint during this presentation as participants will focus on learning by doing. Participants will first have the opportunity to watch a hypnotic induction and even participate if they wish. They will then break into groups of two to begin to practice a progressive relaxation. Induction on each other in an effort to produce hypnotic phenomena. They will give and receive feedback from each other as well as the instructor. The presentation will end with an opportunity for question and answer with a focus on understanding how hypnosis is applied in counseling work to help clients interrupt, stop or change their current pattern of symptoms.
Your State Licensing Board: Conversations with the South Dakota Board of Examiners for Counselors & Marriage and Family Therapists

Presenter: Jennifer Stalley, JD, Executive Secretary and Karen Cudmore, Program Manager

Setting: Clinical

Description: The conversation with the Board is designed to help licensed professionals (and supervisees) understand the licensing administrative rules and state statutes; including supervision requirements, the upcoming biennial renewal during the Fall of 2022 and continuing education requirements during the 2022 renewal process.

Changing the Culture: from Mental Illness to Brain Health

Presenter: Margie Ann Neugebauer, MA, LPC, CC, CGRMS

Setting: Both

Description: The goal of this presentation is to reframe the discussion from mental health to brain health. Learning Objectives: Identify the four circles of Health and Healing to understand the problem and paths to healing; Understand the 10 Principles to change your brain and heal your mind; Demonstrate the BRIGHT MINDS; risk factors and interventions to better health; Learn 110 Bright Minds ways to grow your hippocampus

11:30AM – 12:45PM  SDSCA LUNCHEON & BUSINESS MEETING  ARIKARA/POP
               SDMHCA LUNCHEON & BUSINESS MEETING  INDOOR COURTYARD

1:00PM – 2:00PM  BREAKOUT SESSION II  1.0 CONTACT HOUR

A Culturally Responsive Strength Based Curriculum for Elementary School Students

Presenter: Dr. Hande Briddick, Ph.D., Dr. Chris Briddick, Ph.D, Sydney Zenk, Blake Addison, Nicole Hyronimus, Derrick Siverson, Bethany Hotchkiss, and Benjamin Heckmann.

Setting: School

Description: The purpose of this presentation is to introduce participants to a 15-week culturally responsive, developmentally appropriate, strength-based curriculum that we created for elementary school children. Strength based approaches focus on highlighting an individual's abilities and skills critical to overcoming difficulties (Jubb-Shanley, 2007).

Suicide in Agriculture: Risk Factors Impacting Farm Families

Presenter: Dr. Andrea Bjornestad, Ph. D., LPC, NCC and Kathryn Paulson, B.S.

Setting: Clinical

Description: Suicide rates among farmers and ranchers are estimated to be 1.5 times higher than those in other occupations. During this presentation, participants will have the opportunity to discuss the culture of agriculture, the unique characteristics of farm families, and their experiences working with producers, spouses, and children engaged in farming and ranching. An overview of the common themes and risk factors of suicide in farmers and ranchers will be provided as well as current state-wide and regional resources to help support the mental health of farm families.

St. Joseph’s Indian School Counseling Services and Cultural Approaches

Presenter: Nicole Choal, LPC and Robyn Knecht, LPC

Setting: School

Description: The objectives of this presentation are to provide a foundational understanding of St. Joseph’s Indian School and the Counseling Services that are offered to students and families. St. Joseph’s Indian School is a residential school that provides education, housing, medical care and counseling services to Native American children. This presentation will focus on Equine Therapy and the cultural connections that are incorporated into counseling services.
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**Northern**

Healing Trauma: In Our Own Voices  
**Presenter:** Dr. Anne Dilenschneider, Ph.D., QMHP, LPC-MH, LPCC, LMHC  
**Setting:** Clinical  
**Description:** Studies of the biological and psychological nature of trauma reveal that coming out of the protective state of dissociation and into a new consciousness happens through a person’s recovery of their voice. In this workshop, participants will learn Carol Gilligan and Kristen Linklater’s associative “In Our Own Voices” process. This six-step process is designed to encourage resiliency by reconnecting both clinicians and clients with their bodies and their stories.

**Dakota Room A/B/C**

People Do That? Exploring the Spectrum of Sexuality  
**Presenter:** Dr. Kristine Ramsay-Seaner, Ph.D., NCC  
**Setting:** Both  
**Description:** Sexuality is a topic that can spark debate, discomfort, and confusion all at once. It is also a reason that clients may seek out professional counseling services. Despite this, many counselors do not receive training related to the topic. This presentation encourages students to explore sexuality as a spectrum reflect on the oppression experienced by those who identify with alternative sexualities. Attendees will learn tips and techniques for engaging in meaningful and safe self-reflection about sexuality as well as explore the necessity of incorporating sexuality in counseling in order to serve the whole client.

2:15PM-3:15PM BREAKOUT SESSION III 1.0 CONTACT HOUR

**Dakota Room D**

Psychodrama Therapy Group  
**Presenter:** Ashley Rausch, LPC and Jordan Bogenrief, MS  
**Setting:** Clinical  
**Description:** This group experience allows clients in the room to process and enact their ideal self through dramatic action such as role play, group interactions, random chance and storytelling. During their work in this group, clients are able to build insight into their emotional self, how to manage conflict, set boundaries, face fears, and challenge thoughts in a safe and exploratory environment.

**Dakota Room A/B/C**

A School Counseling Classroom Guidance Lesson Addressing Xenophobia in Elementary School Students  
**Presenter:** Dr. Erin Kaszynski, Ph.D., LPC, Kate Campbell, Emily Wheeler, & Sarah Rozell  
**Setting:** School  
**Description:** This program includes a summary of our recent findings from a xenophobia lesson implemented in fourth and fifth grade classrooms. As professionals, it is important for us to contribute to the profession by creating authentic lessons that are socially relevant, and reflect best practices. This is especially important because we are creating a resource for other professionals who may need support and guidance in developing creative classroom activities. Part of a counselor’s role is to advocate for the people they serve. More specifically, a school counselor’s role is to advocate for the students. The goal of this research is to advocate for a marginalized population. In more recent years, students have been insensitive to the cultural differences of their peers.

**Dakota Room E**

Battling Burnout with Creative Solutions for Youth  
**Presenter:** Megan Miller, LMFT  
**Setting:** Both  
**Description:** In this workshop, we will explore the unmet needs counselors face in their communities as well as how to identify and expand the resources available to youth that exist outside of the direct care of a school counselor. Counselors often feel the weight of ongoing emotional needs. To combat the feelings of depression and overwhelming needs, this presentation will explore creative ways to encourage wellness in our communities and how to share the responsibility of investing and caring for the next generation well.
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SOUTHEAST Technical College
Adapting CBT Interventions Using a Native American Medicine Wheel
Presenter: Adam Hardy, Ph.D., LPC-MH, LAC, QMHP, NCC
Setting: Both
Description: Many Native Americans present with unique and complex environmental stressors. It is critical these individuals feel welcomed and respected while seeking mental health services. In this program, Cognitive-Behavioral Therapy (CBT) approaches are adapted using a Native American medicine wheel. The aim of the program is to increase participant cultural competence when working with Native American clients who identify with traditional cultural values.

“I don’t work harder than my client,” Ethical Considerations of Counselor Beliefs. 1.0 Ethics Hours
Presenter: Duane Kavanaugh, MS, NCC, CCMHC, LPC/MH, QMHP
Setting: Both
Description: This session will address some of our thoughts, assumptions and beliefs as a counselor and their possible ramifications on the client, client-counselor, relationship, and on the practitioner themselves. This presentation will walk you through a handful of scenarios and will review the ACA Ethical Codes that practitioners should consider when in these situations.

3:15PM – 3:45PM   REFRESHMENT BREAK

3:50PM – 4:50PM   BREAKOUT SESSION IV   1.0 Contact Hour

The Trauma of Racism among Children of Color and Strategies for Post-Traumatic Growth
Presenter: Dr. Erin Kaszynski, Ph.D., LPC
Setting: School
Description: Racism continues to be an issue across the nation and across communities. Whether it is explicitly or implicitly conveyed, it’s been deeply felt by generations of people of color. Children learn this through a variety of experiences. However, given our children spend a large amount of time in school, it’s important that our school systems develop an understanding of how racism historically and currently impacts children of color, explore how they are presenting in the classrooms, and explore resiliency strategies that support resiliency and post-traumatic growth.

Eating Disorders and Early Intervention
Presenter: Faith Carlson, MA, LPC, QMHP
Setting: Clinical
Description: Eating disorders often present in subtle behaviors early on in adolescents and teenagers. Current research indicates by the time adolescents present to a primary care doctor for concerns the eating disorder has been going on 3-6 months prior. Eating disorders are the number one cause of death in mental health making early intervention vital. This workshop assists professionals to detect early symptoms and highlights intervention strategies. Professionals will be provided information on the SCOFF questionnaire, a simple five questions test devised for use by non-professionals to assess the possible presence of an eating disorder. Additionally, support will be discussed on services and resources available if an eating disorder is detected in students and athletes.

In order to support campuses with demanding mental health needs, Lost & Found and South Dakota State University have developed a peer-based mentorship program. College students often struggle with hectic schedules leading to mental health stress. The program aims to help students find the support and resources they need, while creating a positive experience for both mentees and mentors. The program also helps to reduce stigmas and create a positive mental health culture at participating campuses.
**Dakota Room A/B/C**

**From Decolonization to Indigenization: Re-Envisioning the Counseling Process**
**Presenter:** Dr. Shalini Mathew, Ph.D., and Lauren Nikolas, B.S.
**Setting:** Clinical
**Description:** This presentation focuses program goals include cultivating knowledge about de-colonization as a process, exploring ways that colonization is reproduced in therapeutic settings, and developing an awareness of indigenized counseling methods. By attending this presentation participants will understand the differences between decolonization, multiculturalism, and indigenization. They will explore decolonization as a personal, experiential process. Finally, attendees will move from discourse into action by learning techniques to indigenize their counseling practice.

**Dakota Room D**

**Building Science Identity in Students**
**Presenter:** Ashley Armstrong, MS, ABD
**Setting:** School
**Description:** In this session, participants will explore and identify the skill sets required for STEM occupations, correlate core coursework that will develop these skills, discuss persistent roadblocks in developing student STEM career aptitude, and brainstorm solutions and next steps for helping students and educators navigate around those roadblocks.

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**5:00PM-5:30PM**  
**Host Chapter Banquet Decorating**  
**Northern**

**5:00PM-6:00PM**  
**SDSU Extension Focus Group**  
**Dakota Room A/B/C**

As part of the USDA-NIFA Farm and Ranch Stress Assistance Network (FRSAN) grant, personnel in SDSU Extension are conducting a comprehensive needs assessment on farm stress and mental health within agriculture in South Dakota. The needs assessment involves three phases: 1) key informant interviews, 2) focus groups, and 3) surveys. We are currently in phase two. The overall goal of the project is to create an assistance network for farmers, ranchers, and their families in South Dakota.

If you provide mental health services to farmers, ranchers, or their family members (including children), please consider attending the focus group. Facilitators will ask a series of questions related to farm stress and mental health, and participants will engage in a group discussion. This needs assessment is being led by Andrea Bjornestad, Ph.D., LPC, NCC Extension Specialist-Mental Health

**5:00 – 6:00 p.m**  
**West River Chapter Meeting**  
**Dakota Room D**  
**SDNACA Meeting**  
**Dakota Room E**  
**Sioux Chapter Meeting**  
**Courtyard**  
**Lewis & Clark Chapter**  
**Amphitheater**

**6:30PM-7:00PM**  
**President’s Reception & Social**  
**Northern**

**7:00PM**  
**SDCA Awards Banquet & Graduate Student Scholarship Fundraiser**

**8:30PM-10:00PM**  
**SDCA Entertainment Backroad Bandits**  
**Northern**
A Strength and Wellness-Focused Approach to Suicide Assessment and Intervention

Presented by Dr. Sidney Shaw

(3.0 Contact hours + 1.0 Ethics Contact Hours)

Suicide assessment and treatment planning is generally very stressful for counselors. Counselors can often experience feelings of fear, hopelessness, and narrow focus on pathology along with their clients. This dynamic, hands-on workshop will focus on strength-based and wellness-oriented approaches to suicide assessment and intervention that broaden the lens on working with suicidal clients. Attendees will learn ways to implement this holistic approach into clinical practice. Specifically, content of the workshop will cover 7 dimensions of client distress and resiliency, strength-based interventions, ethical considerations in working with suicidality, as well as empirically supported suicide assessment approaches. Participants will also learn ways to target psychological flexibility as a means to increase client well-being and address suicidality. Finally, the workshop will cover multicultural orientation as framework to promote culturally responsive counseling and treatment planning.

Upon completion of this training, attendees will be able to:

- Identify personal reactions to suicide and identify self-care strategies.
- Learn common and unhelpful myths regarding suicide.
- Describe evidence-based risk/protective factors, warning signs, and cultural issues and how they can be used to deepen empathic understanding of suicidal clients.
- Describe 7 dimensions of client distress and resiliency.
- Learn comprehensive suicide assessment methods and ethical decision-making with suicidal clients.
- Learn evidence-based strategies to promote client well-being through strength-based interventions and promoting psychological flexibility.
- Design a culturally responsive, comprehensive treatment plan for clients experiencing suicidality.
The Marvin Kemp Award for Outstanding Service to the Counseling Profession  
(Est. 1961)

Marvin Kemp is the father of counseling in South Dakota. His interests were wide and varied, but his concern and dedication were centered in one concept- service to the youth of South Dakota. He began as a teacher at Faulkton High School. He went on to become a principal and superintendent at Faulkton and then at Belle Fourche. His talents were recognized by the Governor and he was selected to become the Secretary of the North Central Association and the State High School Supervisor. He was appointed as the first Director of Guidance for the State of South Dakota and was responsible for bringing guidance and counseling services to students in SD. He was verbal and articulate, a pioneer who instilled in others the heart and the will to provide service to the people of SD. He was the driving force behind the establishment of the SD Personnel and Guidance Association. He called together the first meeting of counselors in the state. Because of him, we exist as an organization.

This award is meant to recognize a counselor who has been involved for a lengthy period of time in the counseling profession- someone who has been involved with the organization and has provided a high level of service both to clients and to fellow counselors. It is meant to be the top award given by our organization.

Marvin Kemp Award Recipients

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<thead>
<tr>
<th>Year</th>
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<tbody>
<tr>
<td>1961</td>
<td>L.R. Palmerton</td>
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<tr>
<td>1962</td>
<td>C.R. Beck</td>
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<td>1963</td>
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<td>1965</td>
<td>Lowell Bell</td>
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<td>1966</td>
<td>E. L. Whitemore</td>
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<td>1967</td>
<td>Van Johnson</td>
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<td>1968</td>
<td>Merrill Sly</td>
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<td>1969</td>
<td>E. Gordon Poling</td>
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<td>1970</td>
<td>Jerry Mayer</td>
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<td>1971</td>
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<td>1972</td>
<td>Walter Flannery</td>
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<td>1973</td>
<td>Pauline Sherer</td>
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<td>1974</td>
<td>Orville Schmieding</td>
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<td>John McIntyre</td>
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<td>1976</td>
<td>Lorraine Holscher</td>
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<td>Al Lindstrom</td>
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<td>Janet Shelver</td>
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<td>Mavis Booze</td>
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<td>David Johnson</td>
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<td>Kelly Duncan</td>
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<td>2014</td>
<td>Jill Stephenson</td>
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<td>2015</td>
<td>Kim Goebel</td>
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<td>2016</td>
<td>Art Hagg</td>
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<td>2017</td>
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</table>
Mary W. Lark Humanitarian Award (Est. 1982)

Mary Lark came to Rapid City, SD in 1941 as the Dean of Girls at Rapid City High School. Miss Lark always worked as a counselor, but her role as a counselor was officially recognized in the mid 1950’s. She epitomized everything that we are taught are the positive characteristics of the perfect counselor. She was a caring, kind, accepting person who had an enormous capacity for hard work, long hours, no complaints, and an exceptional ability to listen. Long after students had graduated from high school, they would return to visit with her. She was everybody’s friend and provided comfort and assistance for several generations of high school students.

This award was established to recognize counselors who are true humanitarians- those who go above and beyond the ordinary. The recipient (if they are an ACA member) is then submitted as a candidate for the Gilbert Wrenn Award at the national level. National Winners are noted with an asterisk *

Mary W. Lark Humanitarian Award Recipients

2021  Anna Eidem
2018  Margie Neugebauer*
2017  Valerie Horack
2016  Doug Hoisington
2015  Kelly Jones
2014  Brian Dannen
2013  Dianne Brendan
2012  Barb Ohleen
2011  Lois Walpole
2010  Lexi Seely
2009  Linda Johnson
2008  Penny Virchow
2007  Michelle Brandenberg
2006  Patricia Brady
2005  Debra Johnson
2004  Gloria Schulz
2003  Mike Cutler
2002  Jean Lakner
2000  Dana Sanderson

1999  Kelly Duncan
1998  Jill Schoen
1997  Chris Christensen
1996  Grace Ann Mims
1995  Joan England
1994  Margot Burton
1993  Evelyn Vitale
1992  Helen Jones
1991  Leonard Colombe
1990  Don Kennedy
1989  Diana Melvin
1988  Sharon Colombe
1987  Linda Allen
1985  Howard Smith
1984  Mary Helen Hoppenon
1983  Irma Becker
1982  Vivian Gering

2021 Winner  Anna Eidem pictured with Dr. Hande Briddick
BE A CHAMPION FOR COVERAGE

Help us make sure all people can get the care they need, when they need, at a price they can afford.

Our trained assisters provide outreach and education about the Health Insurance Marketplace and how consumers can enroll in health coverage through HealthCare.gov, Medicaid or CHIP.

Find out how you can partner with us to become a Champion for Coverage. For more information, call Penny Kelley at 605-277-8405.
C.J. Peterson Jr. Award (Est. 1973)

C.J. Peterson Jr. was an employment counselor in the Sioux Falls office of the SD Employment Service (Job Service). In 1972, he and his wife were killed in a fire in their home shortly after Christmas. C.J.’s father was a long time employee of the SD Employment Service, having served as a manager of the Hot Springs and the Rapid City offices. So C.J. had a long time commitment to career development and was very concerned with working with people to maximize their potential and to select occupations which were appropriate and right for each individual. He was very interested in helping to establish an Employment Counseling organization and spoke often about the fact that he felt employment counselors must be a part of the SD Personnel and Guidance Association (now the SD Counseling Association).

This award was established to recognize counselors who provide outstanding employment counseling, not necessarily just in employment offices, but to those who deal with the field of employment-vocational rehabilitation counselors, career learning center counselors or others who assist people in choosing careers.

C.J. Peterson Jr. Award Recipients

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<tr>
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<td>Jodi Sternhagen</td>
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<tr>
<td>2006</td>
<td>Glenda Nedved</td>
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<td>1973</td>
<td>Gordon Severson</td>
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</table>

2021 Winner Andrea Albrecht
E. Gordon Poling was born to a farm family in Iowa and learned early the need for hard work. He sometimes stated that he started work at the age of 13 and never stopped. He spent his early professional career in public school work in Iowa and stated his personal motto as “I have always tried to treat people fairly.” Dr. Poling served the University of South Dakota and future counselor for 29 years. He was chairperson of the Division of Educational Psychology and Counseling from 1979-1990. During his tenure at the University and through his active leadership in the profession in the state and region, he never lost his ability to nurture students and fellow professionals. He was a true counselor educator. Gordon died on August 30th, 1990.

### E. Gordon Poling Award Recipients

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<td>Patti Lake-Torbert</td>
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<tr>
<td>2019</td>
<td>Dr. Andrea Bjornestad</td>
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<td>2018</td>
<td>Celeste Uthe-Burow</td>
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<td>2017</td>
<td>Dr. Anna Schwan</td>
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<td>2016</td>
<td>Wendy Smith</td>
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<td>Dr. Becky Guffin</td>
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<td>Woody Schrenk</td>
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<td>JC Chambers</td>
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<td>Dr. Mark Hedges</td>
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<td>Howard Smith</td>
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<td>Roy Conrad</td>
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<td>Belle Fourche School District</td>
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<td>Joseph Gertsema</td>
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<td>Ray Howe</td>
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<td>Roger Hansen</td>
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<td>Ray Murray</td>
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<td>Glen Barnes &amp; Lloyd Dobratz</td>
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<td>1970</td>
<td>K.J. Henseler &amp; G.W. Neiles</td>
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</tbody>
</table>

2021 Winner: Patti Lake Torbert
Now you can get exceptional hypnosis training, designed specifically to build the skills you need to deliver real and sustainable results to your clients.

Practical hypnosis is your first step into a complete system of hypnosis, that’s been proven effective in successful hypnosis clinics across both the United States and Canada for the last 25 years. This workshop will be entirely experientially based. You’re going to focus on learning hypnosis by doing hypnosis on others, and being hypnotized yourself. Through this experience, you’ll develop the competence that only comes with real practice on real people.

**Trainers:**

Your trainer for this workshop is **Daniel Burow**. Daniel is a licensed psychologist and has trained extensively with many of Milton Erickson’s personal students. He was trained and supervised by Stephen Gilligan for several years at the beginning of his career and has gone on to train with many of the most effective hypnotists working in the field today.

The special guest trainer for this workshop is **Scott McFall**. Scott is a hypnosis and NLP trainer with more than four decades of experience in the field. His passion is enriching the skills of those who need to use hypnosis as a tool in their professional work.

**Location:**

This training will be held in Sioux Falls, South Dakota at the **CNA building conference center, 101 South Reid Street**. The CNA building is located in downtown, within easy walking distance of four different hotels. The conference space is comfortable and private with excellent parking right across the street.

**Space is limited, so contact Sioux Falls Hypnosis today to get signed up for this amazing opportunity at:**

**605-310-0341**

or

[siouxfallshypnosis.com](http://siouxfallshypnosis.com)

**Dates:**

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
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<tr>
<td>July 8th</td>
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<tr>
<td>July 9th</td>
<td>8am to 5pm</td>
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<td>July 10th</td>
<td>8am to 12pm</td>
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</table>

**Cost:**

$300 per person and **space is limited**.

If you wish to attend this training, call **Sioux Falls Hypnosis** at **605-310-0341** to begin your registration process.

*The Master Hypnotist Society maintains responsibility for the program and its content. All participants will receive a certificate documenting attendance, satisfactory completion, and 18 CE hours. The training is approved for CE credit by the South Dakota Counseling Association.*
Mavis Booze served as a school counselor in South Dakota for twenty-one years. She began her counseling career in Miller in 1975, moving on to Pierre in 1978 to become counselor at Riggs High School. She held the position in Pierre for 18 years before retirement in 1996. Throughout her years, Mavis dedicated a countless number of hours to the counseling profession statewide by serving on numerous boards and committees. Both SDCA and SDSCA have honored her with the highest awards that their organizations have to bestow on their members.

The truly memorable thing about Mavis was her wonderful ability and willingness to help other counselors. Counselors from across the state turned to her throughout the years for support and information, and she always gladly and willingly helped them become more knowledgeable, competent and caring. Mentor, friend, advisor, and role-model- Mavis has been all of these to many people. As a result, as a way of honoring her, it seems only fitting that the Mavis Booze Mentoring Award be given annually to recognize a counselor who shares willingly and enthusiastically what they know with others.

Mavis, a longtime active member of both the South Dakota Counseling Association and the South Dakota School Counselor Association, passed away on June 21st, 1998 following a long battle with cancer.

**Mavis Booze Award Recipients**

<table>
<thead>
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<th>Year</th>
<th>Recipient</th>
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<td>Dr. Karyl Meister</td>
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<tr>
<td>2018</td>
<td>Robin Svendsen</td>
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<td>2017</td>
<td>Jennifer Wiese</td>
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<td>2016</td>
<td>Rebecca Christiansen</td>
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<td>2015</td>
<td>Ashley Seeklander</td>
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<td>Kurt Turbak</td>
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<td>Stacy Solsaa</td>
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<td>Duane Kavanaugh</td>
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<td>Jill Stephenson</td>
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<td>Chris &amp; Hande Bridick</td>
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<td>John Hegg</td>
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<td>Grace Mims &amp; Jill Schoen</td>
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<td>Carla Claymore</td>
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<td>2002</td>
<td>Frank Main</td>
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<td>Nancy Kennedy</td>
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<td>Ruth Johnson</td>
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<td>1999</td>
<td>Bill Smith</td>
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**2021 Winner** Deb Butman Perkins
BE THE BEST.

When you enroll in one of Mitchell Tech’s more than 30 high-demand, high-tech programs, you will experience the best technical education available.

The bottom line . . . if you want to be the best, you have to work hard, learn by doing and put your skills to work in the real world.

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COUNSELOR OF THE YEAR AWARD RECIPIENTS

Formerly East and West River Counselor of the Year found on Page 34

2021  Melissa Good
2018  Stephanie Lund
2017  Becca Dravland
2016  Linda Schoepp
2015  Amy Hauge
2013  Duane Kavanaugh
2012  Christine Biesk
2011  Stacy Solsaa
2009  Brian Dannen
2008  Heidi Evers
2007  John Hegg
2006  Cheri Johnke
2005  Patty Peacock

2021 Winner: Melissa Good

CHAPTER OF THE YEAR AWARD RECIPIENTS

Note: The Chapter of the Year Award is chosen each year by the SDCA president to recognize those chapters who have provided excellence in programming and leadership enhancement to their members. The award has also been used over the years to recognize chapters who have made strides and improvements in their offerings to members.

2017  West River  2006  Sioux  1997  West River  1986  Palace
2016  Interlakes  2005  Sioux  1996  West River  1985  West River
2014  Sioux  2003  West River  1994  West River  1983  Interlakes
2011  Lewis & Clark  2002  Sioux  1993  Interlakes  1982  West River
2008  Cornbelt  1999  Lewis & Clark  1989  Central  1975  West River

Special Contributions Award

2021  Anne Dilenschneider
2019  Rapid City Police Dept & the Pennington Co. Sheriff's Department
2017  April Hobert
2016  NAMI
2015  Senator Deb Solholt
2014  Senator Tim Johnson
2013  Avera Behavioral Health
2012  Ginger Johnson
2010  Chris Jacobson
2009  Ann Lewis Henkin
2008  Kelly Duncan & Dave Johnson
2007  Beverly Dafler
2006  Melodee Lane
2005  Joseph Wehrman
2004  Char Nickolas
2003  Kristi Spitzer
2002  Donna Kegler
2001  Glenna Fouberg
2000  Deb Elhard
1999  Geri Konenkamp
1998  Don Kennedy
1996  Frank Main & Bill Smith
1995  Mike Rounds
1993  Richard Gowen
1992  RoAnn Redlin & John Williams
1991  Carla Claymore, Jerry Mayer, & Judge Rollie Grosshans
1990  Sharon Colombe
1989  Coteau Chapter & Russell Fleming
1987  West River Chapter & A. Richard Peterson
1986  Dean Schueler, Chris Lee, & Cheryl Beigler
1985  Mimi Sheway
1983  Bill Jones
1980  Mary Globe & Gary Gullickson
1979  Sharon Colombe
1978  Joseph Fisher & Nonie Lytle
1977  James Pederson & Cathy LeDuc
1976  Al Lindstrom & Alberta Hand
1975  Janet Shelver
1972  Robert Knapp
1971  Rev. Stanislaus Maudlin, Deconess Dellama King
1970  R.Y. Chapman, Charles Montague, & Mary Mitchell
1969  Pauline Sherer, E.Gordon Poling, & James L. Culey

2021 Winner: Anne Dilenschneider
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<thead>
<tr>
<th>Year</th>
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<tr>
<td>2004</td>
<td>Dana Sanderson</td>
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<td>2003</td>
<td>Phil Breed</td>
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<td>2002</td>
<td>Kim Goebel</td>
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<td>2001</td>
<td>Debra Johnson</td>
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<td>2000</td>
<td>Dave Johnson</td>
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<td>1999</td>
<td>Grace Ann Mims</td>
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<tr>
<td>1998</td>
<td>Donna Doss</td>
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<td>1997</td>
<td>Carol Hamvas &amp; Dwayne LaFave</td>
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<td>1996</td>
<td>Connie Hobbie</td>
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<td>1995</td>
<td>Colleen Miller</td>
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<td>Barb Schwartz</td>
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<td>Kelly Duncan</td>
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<td>Phyllis Loenhardt</td>
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<td>1991</td>
<td>Jeanie Bergh</td>
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<td>1990</td>
<td>Jane Hauck</td>
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<td>Marlys Schmidt</td>
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<td>1987</td>
<td>Ranah Sample</td>
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<td>Doug Hoisington</td>
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<td>John McIntyre</td>
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<td>Tom Garry</td>
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<td>Ida Hoffman</td>
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<td>Bob Shaff</td>
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<td>Becky Garza</td>
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<td>Opal (Pat) Roller</td>
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<td>1979</td>
<td>Deborah Langrehr</td>
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<td>McGee</td>
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<td>1978</td>
<td>Kathryn Miller</td>
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<td>Carl Ritenour</td>
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<td>Vivian Gering</td>
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<td>1974</td>
<td>John Bauer</td>
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<td>1973</td>
<td>Fred Claudon</td>
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<td>1972</td>
<td>Walt Sterling</td>
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<td>1971</td>
<td>Vera Masters</td>
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<td>1970</td>
<td>Owen Malone</td>
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In 2005, the East and West River Award was combined to become the Counselor of the Year Award.
Graduate Student Scholarship Fund Award Recipients

2020/2021  COVID Year/Virtual Event

2019  Sydney Randall, Sierra Thomas, Amanda Dalbey, & Danielle Hertel

2018  Mollie Hublou, Kirsten Krueger, Jara Decker, Amber Hennings, Jena Nelson, Danielle Johnson, Synnora Wilbur, Danielle Hertel, Jessica Dial, & Laura Beth Gatzke

2017  Kirsten Krueger, Mollie Hublou, Alicia Levesque, Morgan Robey, Kelsey Rozell, Shelby Sumner, Meghann Anderson, Stephanie McBeth, & Bethany Tschappat

2016  Alex Dossett, Morgan Robey, Alexis Gartner, & Cecilia Storly

2015  Hope Johnson, Toril Sanford, Bailey Raml, Jordan Pater, & Kate Telkamp

2014  Toril Sanford, Sarah Heerdt, Whitney Wanderscheid, & Allison Gildner

2013  Lexi Jo Heitkamp, Natasha Keller, & Kendra Moak

2012  Elizabeth Drown, Jennifer Kirschner, Brian Mann, Randy Hilling, Amy Reyes, & Katrina Umanah

2011  Traci Freeman, Kristin Gilbertson, Andrea Diehm, Jennifer Kirchner, Elisa Lewis, Jessica Lewis, & Sylvia Trentz

2010  Kelsey Beckstrom, Janel Magnus, Yanchun XU, Jacob McDonald, & Charlene Cowan

2009  Elly Keller, Charlene Cowan, Ashley Seeklander, & Lin Lin

2008  Jessica Payer, Lindsey Schmidt, Joni Hulbert Larson, Sonal Markanda, Melissa Hoffman-Olson, & Melissa Roby

2007  Leanne Dorish, Katie Heavlin, Lane Madsen, & Kristin Fick

2006  Gerta Bardhoshi, Katie Heavlin, & Jacquel Redingen

2005  Kathy Blaha, Rhonda Magg, & Angel Vermillion

2004  Frani Kieffer & Chris Oehlke

2003  Melissa Cronin & Holly Nikels

2002  Brenda Hansen & Rebecca Kuch

2001  Wendy Stubbs

2000  Melissa Hammer
<table>
<thead>
<tr>
<th>Year Range</th>
<th>Name</th>
<th>Year Range</th>
<th>Name</th>
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<tr>
<td>2020-2021</td>
<td>Lane Madsen</td>
<td>1988-1989</td>
<td>Linda Allen</td>
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<td>2015-2016</td>
<td>Stacy Solsaa</td>
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<td>Duane Quail</td>
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<td>2011-2012</td>
<td>Dadra Avery</td>
<td>1979-1980</td>
<td>Ella Stotz</td>
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<td>2010-2011</td>
<td>James S. Korcuska</td>
<td>1978-1979</td>
<td>Don Kennedy</td>
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<td>2005-2006</td>
<td>Marcia Aiken</td>
<td>1974-1975</td>
<td>Janet Shelver</td>
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<td>1995</td>
<td>A. Spencer Davis</td>
<td>1965-1966</td>
<td>Joseph Fisher</td>
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<td>1993-1994</td>
<td>Dwayne LaFave</td>
<td>1963-1964</td>
<td>Melvin Hendrickson</td>
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<td>1959-1960</td>
<td>Fred Claudon</td>
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<td>1958-1959</td>
<td>Van Johnson</td>
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</table>
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